

Appetite Suppressants Information

After careful evaluation of your medical history, physical examination, body analysis, other clinical findings and the development of realistic weight loss goals, Dr. Baker may determine that an appetite suppressant to reduce hunger is a reasonable therapeutic addition to your weight loss treatment plan. Dr. Baker will discuss the risks, alternatives, intended benefits, and potential side effects of these medications with you. The following information is provided to you for further understanding.

Each of the medications in this class (appetite suppressants) has effects that mimic the sympathetic nervous system. These may make you feel nervous, stressed or “hyper”. As Dr. Baker explained to you, drugs such as **Phentermine, Phendimetrazine, Benzphetamine and Diethylpropion** are appetite suppressants and may therefore cause you to experience these sensations. Generally, these feelings are most pronounced during the first week or so of use and disappear or are greatly diminished shortly thereafter. They may also cause an increase in blood pressure and pulse rate. Small increases in blood pressure or pulse are acceptable but large elevations in either or both are not and should such occur, the dosage of the medication may be reduced or discontinued altogether.

Other common side effects of these medications can be dry mouth, constipation, irritability, and insomnia (difficulty sleeping). Dr. Baker will work with you to correct any of these should you experience them.

Although they are uncommon, should you experience severe side effects such as allergic reactions (hives, difficulty breathing, chest tightness, swelling of the face, mouth, or tongue), pounding in the chest, fainting, swelling of the legs or feet, or bizarre behavior seek medical attention at once!

When you fill your prescription at the pharmacy, you will be given more specific information concerning the drug prescribed. Carefully read everything you receive. It is also important that you inform Dr. Baker and your other health care providers of all medications, including any supplements you take, thereby allowing each of them to assist you in avoiding inappropriate combinations.

Should you have any questions or concerns, please never hesitate to contact The M.D.'s Weight & Wellness Center (936-756-8446).

Our primary goal is to improve your health!